

We also have an online community where caregivers can share experiences and continue to learn from one another. If you would like to join, please visit our page on ProBoards at **www.caregiving-community.freeforums.net** For our main website visit **www.ubuntu-hub.org** Working together to improve the lives of children with developmental disabilities and their families Ubuntu

All children have the right to live happy and healthy lives



Support your child's posture to encourage independence







Keep your child stimulated so they can learn how to think and play



Feed yourAchild wellwiso they willgrowgrow strongTo

At our community groups, we will help you support your child's growth and development at home. **Together, we will learn how to:**

Keep your child safe if they have a seizure

Help your child wash and stay clean



Develop our communication skills to help your child make friends and take part in the community

We will also support you as parents and caregivers to raise awareness in your community, advocate for your child's rights, and access local services to support your family.