For more information about Juntos, Getting to Know Cerebral Palsy or ABaANA, please go to [www.ubuntu-hub.org](http://www.ubuntu-hub.org)

These three facilitated programmes are for carers of children with disabilities. They are designed to meet the practical and emotional needs of carers and are offered in communities by group facilitators.

Ubuntu is a non-profit research and educational team located within the International Centre for Evidence in Disability at the London School of Hygiene & Tropical Medicine, and includes national and international researchers. Our research is focussed on improving the lives of children with developmental disabilities and their families. We bring children with disabilities and their families together with researchers in a mutually beneficial relationship to make research accessible.